U.S. Department of Labor Office of Labor-Management Standards Washington, DC 20210

## FORM LM-30 LABOR ORGANIZATION OFFICER AND EMPLOYEE REPORT

Form epproved Office of Management and Budget No. 1215-0188 Expires 11-30-2006

This report is mandatory under P.L. 86-257, as amended. Failure to comply may result in criminal prosecution, fines, or civil penalties as provided by 29 U.S.C 439 or 440.

READ THE INSTRUCTIONS CAREFUL  READ THE INSTRUCTIONS CAREFUL	LY BEFORE PREPARING THIS REPORT.
1. File Number U - 120 G. 5 /	2. Fiscal Year Covered From:  1 / [1 / [2004] Through: [12] / [31] / [2004]
3. Name and address of person filing.	4. Name, file number, and address of labor organization.
Name JAMES E TRAINOR	Name MILLWRIGHTS & MACHINERY ERECTORS LOCAL 1000
Name and an API (API API API API API API API API API API	Labor Organization File Number 512 - 653
P.O. Box, Bldg., Room No., if any	P.O. Box, Building and Room Number, if any
Street 9711 E. HILLSBOROUGH AVE.	Street 9711 E. HILLSBOROUGH AVE.
City TAMPA	City TAMPA
State Florida ZIF Code +4 33610-5929	State Florida ZIP Code +4 (33610-592
Enter appropriate data below if, during the past fiscal year, you or your spo (except as specified in the exci	use or minor child directly or indirectly had any of the following interests usions set forth in the instructions):
(except as specified in the exci	usions set forth in the instructions):
except as specified in the exci A. Held an interest in, engaged in transactions (including loans) with, or nonetary value from an employer whose employees your organizat	usions set forth in the instructions):
except as specified in the exci A. Held an interest in, engaged in transactions (including loans) with, or nonetary value from an employer whose employees your organizat	derived income or other economic benefit of ion represents or is actively seeking to represent.  7.a. Nature of interest, Transection or income.
(except as specified in the excitations (including loans) with, or nonetary value from an employer whose employees your organizate. Name and address of Employer (including trade name, if any).	derived income or other economic benefit of ion represents or is actively seeking to represent.  7.a. Nature of interest, Transaction or Income.
(except as specified in the excitant in the excitant interest in, engaged in transactions (including loans) with, or nonetary value from an employer whose employees your organizate. Name and address of Employer (including trade name, if any).  Name  Trade Name, if any:	derived income or other economic benefit of ion represents or is actively seeking to represent.  7.a. Nature of interest, Transaction or Income.
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(except as specified in the excitance of	derived income or other economic benefit of on represents or is actively seeking to represent.  7.a. Nature of Interest, Transaction or Income.  7.b. Amount.

Date

Form LM-30 (2003)

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Telephone Number

Name of Person Filing JAMES TRAINOR		File Number U-	NAME OF THE PROPERTY OF THE PR	
8. Held an Interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seeking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.				
8. Name and address of Business (including trade name, if any).  Name  Trade Name, if any:  P.O. Box, Bidg., Room No., if any  Street  City  State  ZiP Code + 4	Business deals with:     a. Labor Organizat     b. Trust     c. Employer	ion		
10. If 9.b. or 9.c. is checked give trust or employer's name.  Name  Trade Name, If any:  P.O. Box, Bidg., Room No., If any  Street  City  State  ZIF Code + 4	11.a. Nature of such dealing the such de	e of such dealing.		
	12.b. Amount,			
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.				
13.a. Name and address of Employer or Labor Relations Consultant	14.a. Nature of payment.			
(Including trade name, if any).  Name MILLWRIGHTS & MACHINERY ERECTORS LOCAL 1000  Trade Name, if any:  P.O. Box, Bidg., Roem No., if any  Street 9711 F. HILLSECROUGH AVE.  City TAMPA  State Florida ZIP Code + 4 33610-5929	Reimbursement for while performing a Date of payment:	dministrative ac	menses incurred	
13.b. Is the Business an Employer \( \) or Consultant \( \)?	14.b. Amount of payment.		\$100	

Name of Person Filing JAMES TRAINOR	File Number U-			
B. Held an interest in or derived income or economic benefit with monetary value from a business (1) a substantial part of which consists of buying from, selling or leasing to, or otherwise dealing with the business of an employer whose employees your labor organization represents or is actively seaking to represent, or (2) any part of which consists of buying from or selling or leasing directly or indirectly to, or otherwise dealing with your labor organization or with a trust in which your labor organization is interested.				
8. Name and address of Business (including trade name, if any).  Name  Trade Name, if any:  P.O. Box, Bidg Room No., if any  Street  City  State  ZIP Code + 4	9. Business deals with:  a. Labor Organization  b. Trust  c. Employer			
10. If 9.b. or 9.c. is checked give trust or employer's name.  Name  Trade Name, if any:  P.O. Box, Bidg., Room No., If any  Street  City  State  ZIP Code + 4	11.a. Nature of such dealing.  11.b. Approximate dollar value of such dealing.  12.a. Nature of interest held or income received.			
	12.b. Amount			
C. Received from any employer (other than an employer covered under parts A and B above) or from any labor relations consultant to an employer any payment of money or other thing of value.				
	A CONTRACTOR OF THE CONTRACTOR			
13.a. Name and address of Employer or Labor Relations Consultant (including trade name, if any).	14.a. Nature of payment.  Reimbursement for out of pocket expenses incurred while performing administrative activities.  Date of payment: 8/12/2004			
Name MILLWRIGHTS & MACHINERY BRECTORS LOCAL 1000	sace or balinover alretonas			
Trade Name, If any:	}			
P.O. Box, Bidg., Room No., if any				
Street S711 E. HILLSBOROUGH AVE.				
Chy TAMPA				
State   Florida   ZIP Code + 4   33610-5929				
13.b. Is the Business an Employer   > or Consultant   ?	14.b. Amount of payment. \$200			